

Confidence

We help to build up individual **confidence** throughout the curriculum.

Cooperation

We improve our skills, techniques and tactics by working **cooperatively**.

Competition

We apply, assess and evaluate our skills in friendly **competition**.

Control

We develop new skills and techniques with careful **control**.

Celebration

We **celebrate** individual and team success through modelling and demonstrations.

Challenge

We participate in **challenges** to practise and consolidate our learning.

