



WE CARE about Excellence

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Friday 18th June 2021

Relationships and Sex Education Learning

Dear Parents,

Relationships and Health Education are now compulsory elements of our curriculum offer for all Year 1-6 pupils. We have been researching and assessing schemes of learning and resources for a number of months and are now in a position to propose our Relationships and Health education provision.

The Discovery Education scheme of learning is approved for use in UK Schools and includes 6 units of learning, with each unit containing 2-3 (30 minute) lessons. The unit themes are: Families and committed relationships; Healthy and Happy friendships; Caring and responsibility; Similarities and differences; Coping with change and Healthy bodies, healthy minds.

We plan to link these units to our existing Global Citizenship programme of study throughout the academic school year. Attached to this letter is our planned yearly overview for Relationships and Health learning. A point of note, learning includes the naming of male and female 'private parts' from Year 1 and covers changes to our bodies during puberty from Year 4; and from Year 5 onwards, learning about the menstrual cycle and periods are included for both boys and girls. In addition, there is acknowledgment that in today's world, relationships and families are different and diverse – reinforcing the main element of relationships and family structures is kindness, love and a commitment to each other.

Our school policy on Relationships, Health and Sex Education will be released to all parents next week as part of a process which will involve input and feedback from children, parents and our SGC committee. We are therefore keen for your feedback and will invite this either in person or by written response. Further details and information will be sent to you next week.

Year 6 Human reproduction and starting a family (Sex Education)

The attached yearly overview also includes the Year 6 unit of learning about human reproduction and different ways to start a family (Sex Education). **This is an optional unit of learning for all primary schools as it is compulsory in all UK secondary schools.** As a school, we feel it is important for us to offer this (with parental consent) for two reasons. Firstly, it is likely a high percentage of our Year 6 leavers will be attending boarding school in the UK and secondly, we

believe it is important that our Year 6 children receive the correct information from a trusted teacher from an accredited source, rather than a friend or future boarding school room-mate.

A further letter will be sent to all of our current Year 6 parents by the end of next week also to gain consent and to provide an opportunity to ask further questions, or to view the Discovery video/resource materials prior to the 2-3 lessons being delivered. The sessions will be delivered by Mrs Cunningham and myself. Should any parent wish for their Year 6 child to be excused from the Sex Education provision, this is acceptable, however we are required to meet with parents prior to actioning such a request.

If you have any initial queries or concerns with the information released today, please do contact the school and arrange a time to discuss these with me.

Yours sincerely,

A handwritten signature in black ink, appearing to read 'A Chapman', written in a cursive style.

Mr Chapman